

| | Video | Listening | Vocabulary |
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| <p>UNIT 1 Nourishment Page 7</p> <p>Health and nutrition</p> <ul style="list-style-type: none"> • Interview: Brain food <p>Psychology</p> <ul style="list-style-type: none"> • Class lecture: Emotional nourishment | Living with supermarkets | <p>Predict the contents of a radio interview to develop ideas about the theme</p> <p>Recognize the main ideas in a health lecture to understand the general topic</p> | Recognize and use phrasal verbs in discussions to sound more natural |
| <p>UNIT 2 Community Page 17</p> <p>Social studies</p> <ul style="list-style-type: none"> • Conversation with an advisor: Community service <p>Current Affairs</p> <ul style="list-style-type: none"> • Lecture: A different kind of community | Safety and freedom | <p>Recognize examples in everyday conversations that explain main ideas</p> <p>Listen for statistics, dates, and examples that support main ideas in lectures</p> | Recognize and use negative prefixes to identify and change meanings of words |
| <p>UNIT 3 Space Page 27</p> <p>Design</p> <ul style="list-style-type: none"> • Research discussion: Work space <p>Urban planning</p> <ul style="list-style-type: none"> • Lecture and Q&A: Urban sprawl | Crowding out our brains | <p>Listen for and identify reasons in a research discussion</p> <p>Listen to time signals in lectures and take notes on a timeline</p> | Use synonyms and antonyms to expand your vocabulary range |
| <p>UNIT 4 Scale Page 37</p> <p>Design and technology</p> <ul style="list-style-type: none"> • Research discussion: Building big <p>Business studies</p> <ul style="list-style-type: none"> • Lecture: Big business | Living larger, living longer | <p>Listen for comparisons in a research discussion</p> <p>Listen for transitions that contrast to note key differences in a lecture</p> | Identify and use word families to recognize and choose correct word forms |
| <p>UNIT 5 Success Page 47</p> <p>Personal development</p> <ul style="list-style-type: none"> • Lecture: What is success? <p>Current affairs</p> <ul style="list-style-type: none"> • Process description: Bidding for the Games® | Winning | <p>Recognize summaries that close a lecture or presentation</p> <p>Listen for words in context to understand descriptions of processes</p> | Think about homophones to listen and understand clearly |

| Grammar | Speaking | Study skills | Unit outcomes |
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| Use modal verbs for giving advice | <p>Recognize and use the <i>schwa</i> sound in unstressed syllables</p> <p>Practice modal verbs for giving advice</p> <p>Give advice to a university committee to help improve student health</p> | Improve your memory using a variety of techniques | <p>Predict contents of a radio interview to develop ideas while listening</p> <p>Listen for the main ideas in a health class lecture</p> <p>Prepare, present, and compare advice on student health</p> |
| Talk about probability and certainty using modal verbs | <p>Listen to connected speech and link certain vowel sounds in conversations</p> <p>Use words and phrases to encourage discussion and communication</p> <p>Plan and participate in a discussion about community service</p> | Brainstorm and evaluate note-taking strategies to make the most of lectures | <p>Listen for examples to support the main ideas</p> <p>Listen for specific data to improve your lecture notes</p> <p>Take part in a student discussion</p> |
| Use tag questions in conversation | <p>Focus on intonation in tag questions to respond appropriately</p> <p>Recognize topic shifts to follow discussions</p> <p>Plan, prepare, and deliver a presentation on a city</p> | Listen actively to lectures and discussions | <p>Listen for reasons in a research discussion</p> <p>Listen to time signals and take notes on timelines</p> <p>Prepare and discuss a presentation on a city</p> |
| Use adjectives and intensifiers to compare and contrast | <p>Identify stress patterns in short sentences</p> <p>Practice asking for clarification in discussions</p> <p>Prepare for and take part in a discussion contrasting two companies</p> | Learn time management skills to work more efficiently | <p>Listen for comparisons in a research discussion</p> <p>Listen for contrasts in an academic lecture</p> <p>Prepare and contribute to a discussion that compares and contrasts</p> |
| Use the past progressive in descriptions of past processes | <p>Recognize and practice stress in compound nouns</p> <p>Practice agreeing and disagreeing with others in formal and informal settings</p> <p>Plan and deliver a presentation about a city</p> | Compare the most effective methods of studying for tests | <p>Listen to summarize a lecture or presentation</p> <p>Listen for vocabulary in context to follow descriptions of processes</p> <p>Prepare and deliver a presentation about a city that will host the Olympic Games®</p> |

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| <p>UNIT 6 Pressure Page 57</p> <p>Psychology</p> <ul style="list-style-type: none"> • Discussion: Peer pressure <p>Geology</p> <ul style="list-style-type: none"> • Lecture and Q&A: Earthquakes | Life under pressure | <p>Listen for opinions and their support to evaluate ideas in a discussion</p> <p>Recognize causes and effects in a university lecture</p> | Learn and practice collocations with <i>get</i> to improve speaking |
| <p>UNIT 7 Fear Page 67</p> <p>Personal development</p> <ul style="list-style-type: none"> • Presentation: Fear of public speaking <p>Psychology / health</p> <ul style="list-style-type: none"> • Podcast: Phobias | Fear of animals | <p>Recognize organizational phrases to follow a presentation confidently</p> <p>Distinguish problems and solutions in a podcast</p> | Use the suffixes <i>-ful</i> and <i>-less</i> to change nouns to adjectives for descriptions |
| <p>UNIT 8 Stories Page 77</p> <p>Popular culture</p> <ul style="list-style-type: none"> • Personal account: A travel story <p>Literary studies</p> <ul style="list-style-type: none"> • Class discussion: Elements of a plot | Bad news | <p>Listen to the order of events to understand a story better</p> <p>Listen for details to complete visual notes from a class discussion</p> | Use descriptive adjectives for more vivid language when presenting |
| <p>UNIT 9 Water Page 87</p> <p>Ecology</p> <ul style="list-style-type: none"> • Interview: Bottled water <p>Chemistry</p> <ul style="list-style-type: none"> • Description of an experiment: Dry ice | Water politics | <p>Listen for pros and cons to fully understand an interview</p> <p>Identify the order of a process to follow a scientific experiment</p> | Use clues and experience to work out meaning from a context |
| <p>UNIT 10 Persuasion Page 97</p> <p>Business studies</p> <ul style="list-style-type: none"> • Consumer survey: Hard sell / soft sell <p>Education</p> <ul style="list-style-type: none"> • Debate: Paper vs. electronic dictionaries | Just say yes | <p>Identify speakers' attitudes to understand different points of view in discussions</p> <p>Listen for supporting evidence to evaluate arguments in debates</p> | Practice and use collocations with <i>take</i> to expand your spoken vocabulary |

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| Talk about cause and effect using conditional sentences | <p>Practice intonation patterns with conditional sentences</p> <p>Explain something you don't know the word for</p> <p>Brainstorm and participate in a discussion about student stress and pressure</p> | Learn how to work effectively in groups | <p>Listen for opinions in a research discussion</p> <p>Listen for cause and effect in an academic lecture</p> <p>Participate in a student discussion</p> |
| Use present perfect to describe problems and solutions | <p>Listen for stressed words to identify key ideas</p> <p>Manage questions during and after a presentation</p> <p>Brainstorm and deliver a presentation about solving a problem</p> | Explore methods and suggestions for improving speaker confidence | <p>Recognize organizational phrases in a presentation</p> <p>Listen for problems and solutions in an academic podcast</p> <p>Prepare and deliver a presentation about solving a problem</p> |
| Expand sentences with more information by using relative clauses | <p>Use emphatic stress in speaking to communicate emotions and highlight key elements</p> <p>Explore techniques to improve public speaking</p> <p>Brainstorm and share a dramatic story with your group</p> | Discuss and compare possible learning styles | <p>Listen to the order of events in a travel story</p> <p>Use visual aids and listen for details to complete notes</p> <p>Share a story</p> |
| Explain processes in science using present and modal passives | <p>Recognize and practice correct stress patterns in words with suffixes</p> <p>Exploit visual aids to support your presentation</p> <p>Prepare and deliver a poster presentation</p> | Contribute effectively and with confidence when speaking in a group | <p>Listen for pros and cons when following an interview</p> <p>Listen to a description of an experiment to identify the order of a process</p> <p>Plan and contribute to a poster presentation</p> |
| Support your arguments by using reported speech | <p>Link same consonant sounds between words for more fluent intonation</p> <p>Practice refuting an argument to improve debating skills</p> <p>Brainstorm, plan, and take part in a debate</p> | Use different modes of e-communication to improve your study | <p>Listen for speakers' attitudes in the context of a consumer survey</p> <p>Listen for supporting arguments in a student debate</p> <p>Plan and participate in a debate about education</p> |